

# Comparison of Multivariable Fractional Polynomials with Splines and Penalised Splines

Aris Perperoglou<sup>1</sup>, Daniela Dunkler<sup>2</sup>, Matthias Schmid<sup>3</sup> and Willi Sauerbrei<sup>4</sup> for STRATOS TG2

<sup>1</sup>Newcastle University, UK

<sup>2</sup>Medical University of Vienna, Austria

<sup>3</sup>Institute for Medicine Biometry, Informatics and Epidemiology, Bonn, Germany

<sup>4</sup>University of Freiburg, Germany

# Outline


- Observational studies
- Variable selection with Fractional polynomials, Spline approaches and Penalised methods
- Application to PIMA & PBC data
- Simulations
- Discussion

# TG2 Focus: Observational Studies – Regression models

- **Typical situation:** Several variables, mix of continuous and (ordered) categorical variables
- **Aim** of a study has strong influence on the analysis strategy
- Three conceptual modelling approaches:
  - Explanatory, descriptive, predictive
- Interest here: **descriptive model** (aims to capture the data structure parsimoniously)
- **Main issues:** (similar in different types of regression models )
- **Which variables to include? Which functional forms for continuous variables?**
- Use subject-matter knowledge for modelling... but for some variables, data-driven choice inevitable

# Variable selection & choice of functional forms

## State of the art in selection of variables and functional forms in multivariable analysis—outstanding issues

[Willi Sauerbrei](#) , [Aris Perperoglou](#), [Matthias Schmid](#), [Michal Abrahamowicz](#), [Heiko Becher](#), [Harald Binder](#),  
[Daniela Dunkler](#), [Frank E. Harrell Jr](#), [Patrick Royston](#) & [Georg Heinze](#) for TG2 of the STRATOS initiative

[Diagnostic and Prognostic Research](#) **4**, Article number: 3 (2020) | [Cite this article](#)

- **Variable selection in the presence of non-linear relationships of covariates is an even more complicated exercise.** In fact, decisions regarding the inclusion/exclusion of specific variables and modelling of the functional forms of both these variables and potential confounders may depend on each other in a complex way.

# Do we need variable selection?

- ...guided by principles such as the need for interpretability, reproducibility and transportability, *we prefer a simple model unless the data indicate the need for greater complexity.* (Royston & Sauerbrei, 2008)
- (variable selection)... from a pragmatic point of view, aims at determining *which covariates have the strongest effects* on the response of interest, whereas from *a statistical perspective it represents a means to achieve balance between goodness of fit and parsimony.* By effectively identifying a subset of important covariates we can *both enhance model interpretability and improve prediction accuracy.* (Marra & Wood, 2012)

# Fractional polynomial models

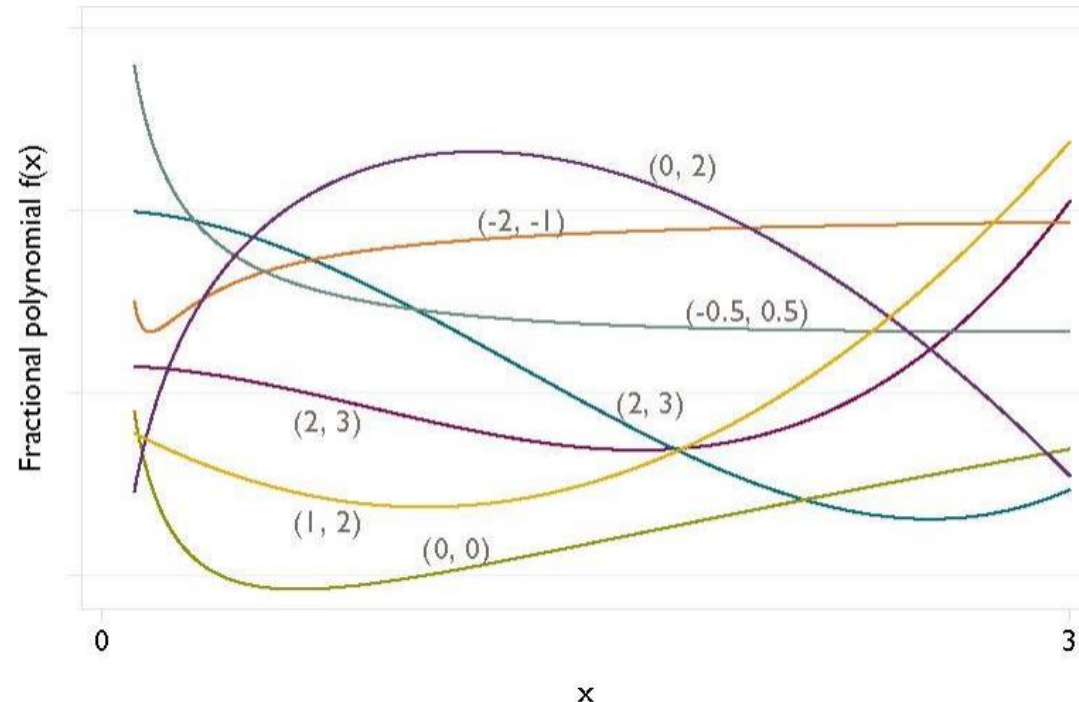
- Describe for one covariate,  $X$
- Fractional polynomial of degree  $m$  for  $X$  with powers  $p_1, \dots, p_m$  is given by

$$\text{FP}_m(X) = \beta_1 X^{p_1} + \dots + \beta_m X^{p_m}$$

- Powers  $p_1, \dots, p_m$  are taken from a special set  $\{-2, -1, -0.5, 0, 0.5, 1, 2, 3\}$
- Usually  $m = 1$  or  $m = 2$  is sufficient for a good fit
- Repeated powers ( $p_1 = p_2$ )

$$\beta_1 X^{p_1} + \beta_2 X^{p_1} \log X$$

- 8 FP1, 36 FP2 models



# Function Selection Procedure and Multivariable FP

## FSP

- Define most complex function allowed, common choice FP2; deviance difference as the criteria; determine significance level  $\alpha_1$

	df	p-value
Any effect?		
Best FP2 versus null	4	
Linear function suitable?		
Best FP2 versus linear	3	
FP1 sufficient?		
Best FP2 vs. best FP1	2	

- Combine **backward elimination** of weak variables with **search for best FP functions**
- Determine fitting order from full linear model
- Apply FSP selection procedure to each X in turn, fixing functions (but not  $\beta$ s) for other X's
- Cycle until FP functions (i.e. powers) and variables selected do not change
- **Significance level may be different for the two parts** – selection of variables ( $\alpha_2$ ) and selection of variable forms ( $\alpha_1$ )

# Splines are also simple polynomials

- Set of piecewise polynomials, each of **degree  $d$**
- Joined together at a set of **knots**  $\tau_1, \dots, \tau_k$
- Continuous in value and sufficiently smooth at the knots

A

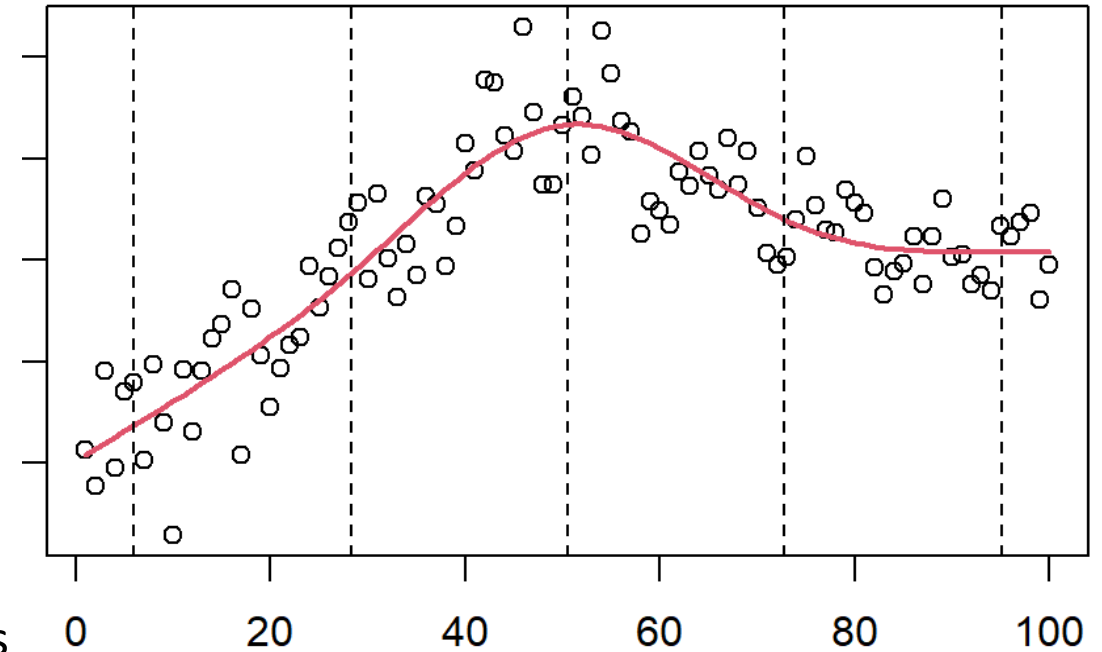
A **restricted cubic regression spline** is defined by:

being a **cubic function between** the set of fixed **knots**  $\tau_1, \dots, \tau_k$

being a **linear function for**  $x < \tau_1$  and  $x > \tau_k$

being continuous with continuous first and second derivative

**Natural Splines** are restricted cubic splines with cubic b-splines as functions between knots



## A review of spline function procedures in R

[Aris Perperoglou](#) , [Willi Sauerbrei](#), [Michal Abrahamowicz](#) & [Matthias Schmid](#)

[BMC Medical Research Methodology](#) **19**, Article number: 46 (2019) | [Cite this article](#)



# Restricted Cubic Splines and Multivariable Regression Splines (MVRS)

## SSP

- Determine the most complex model in terms of knots “df(m)”; m often depends on sample size; knots are chosen at predetermined percentiles of distribution of x; deviance difference as criteria; determine significance level  $\alpha_1$

	Df	p-value
Any effect?		
Best df(m) versus null	m+1	
Linear function suitable?		
Best df(m) versus linear	m	
df(m) needed?		
Best df(m) vs. df(1)	m-1	
....	...	

- Predictors are considered in decreasing order of significance in a full linear model
- The algorithm cycles over the predictors, updating the model
- Procedure terminates when no further variables included in the model and df for splines are chosen for continuous variables
- Royston, Sauerbrei suggested df(m=4,8)
- Procedure can be easily adapted to other spline bases, eg b-splines, natural splines
- MVSS also suggested for cubic smoothing splines (based on edf)

# Generalised additive models and mgcv

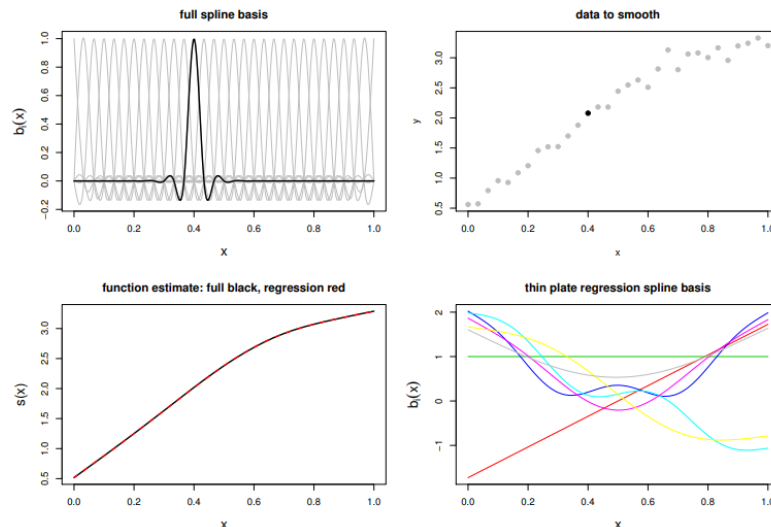
A generalised additive model GAM (Hastie and Tibshirani 1990) connects a response  $Y_i$  to linear components and smooth functions:

$$g\{E(Y_i)\} = X_i\theta + \sum_j f_j(x_{\{ij\}})$$

Where  $g(\cdot)$  a prespecified link functions,  $X_i$  a linear component of the model and  $f_j$  some smooth functions.

## Example: eigen based spline “tp”

- ▶ The “tp”, *thin plate regression spline* basis is an eigen approximation to a thin plate spline (including cubic spline in 1 dimension).



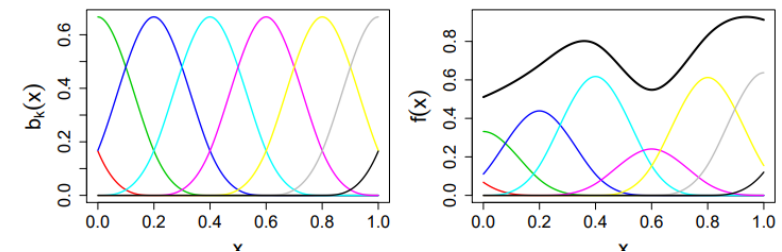
## Example: P-splines “ps”

- ▶ Eilers and Marx have popularized the use of B-spline bases with discrete penalties.
  - ▶ If  $b_k(x)$  is a B-spline and  $\beta_k$  an unknown coefficient, then

$$f(x) = \sum_k^K \beta_k b_k(x).$$

- ▶ Wiggleness can be penalized by e.g.

$$\mathcal{P} = \sum_{k=2}^{K-1} (\beta_{j-1} - 2\beta_j + \beta_{j+1})^2 = \boldsymbol{\beta}^T \mathbf{S} \boldsymbol{\beta}.$$



# Practical Variable Selection for GAMs

Penalised maximum likelihood estimation can be used to control overfit.

In practice a GAM is fitted by **iterative minimisation** of:

$$\left\| \sqrt{W^{[k]}} (z^{[k]} - X\beta) \right\|^2 + \sum_j \lambda_j \beta^T S_j \beta, \text{ wrt } \beta$$

**Large values of  $\lambda_j$  will control smooth term but will not force it out of the model.**

(Marra & Wood, Comp Stat & Data Analysis 2011)

## Double Penalty

$$\lambda_j \beta^T S_j \beta + \lambda_j^* \beta^T S_j^* \beta$$

Any spline type smoother can be decomposed into two component functions: a component in the **range space** of the penalty ( $\lambda$ ) and a component in the **null space** of penalty ( $\lambda^*$ ).

As an example, when using a cubic spline penalty large  $\lambda$  values would force spline towards a linear form and  $\lambda^*$  would penalise straight line components to zero.

## Shrinkage approach

Replace smoothing penalty matrix  $S_j$  with

$$\tilde{S}_j = U_j \tilde{\Lambda}_j U_j^T$$

where  $U_j$  is an eigenvector matrix associated with  $j$  smooth function and  $\tilde{\Lambda}_j$  a corresponding diagonal eigenvalue matrix except for the zero eigenvalues replaced by  $\epsilon$ , a small proportion of the smallest strictly positive eigenvalues of  $S$ .

**This forces eigenvalues of  $\tilde{S}_j$  associated with the penalty null space to be different from zero.**

# Datasets

## Prediction of diabetes onset

- Dataset from an investigation of potential predictors for the onset of diabetes in a cohort of 768 female Pima Indians, of whom 268 developed diabetes.
- **Response:** binary outcome diabetes (0/1)
- **Continuous Predictors:** number of times **pregnant**, plasma **glucose** concentration, diastolic blood **pressure**, **triceps** skin fold thickness, serum **insulin**, diabetes pedigree function, **bmi** and **age**
- Substantial missing values imputed once by ice in STATA

Set available in <http://biom131.imbi.uni-freiburg.de/biom/Royston-Sauerbrei-book/#datasets>

## Survival of PBC patients

- Mayo Clinic trial in PBC conducted between 1974 and 1984. A total of 312 PBC patients randomized in a placebo controlled trial of the drug D-penicillamine.
- **Response:** Survival time, 125 deaths
- **Continuous Predictors:** **age**, serum **albumin**, serum **bilirunbin**, serum **cholesterol**, urine **copper**, triglycerides
- **Categorical/Ordinal:** presence of **ascites**, **spiders** (malformations of the skin), edema (no, untreated or treated) histological stage of disease

Set available in R

# Models

	MFP	MVRS	NS	TS1	TS2	PS
function	Fractional polynomials	Natural splines	Natural splines	Thin plate regression splines	Thin plate regression splines	P-splines
maximum df	4 df (2FPs)	5	9	9	9	9
variable selection	BE + FSP	BE + SSP	shrinkage	shrinkage	double penalty	double penalty
R library	mfp	script	mgcv	mgcv	mgcv	mgcv

# Results extract (PIMA data)

## mfp

```
mfp(formula = Outcome ~ fp(Pregnancies, df
= 4) + ...+ fp(Age, df = 4), family =
"binomial",          select = 0.01)
```

	df.init	slct	alpha	df.final	pw1	pw2
Glucose	4	0.01	0.05	1	1	.
BMI	4	0.01	0.05	2	-2	.
Pregn	4	0.01	0.05	0	.	.
Diab	4	0.01	0.05	1	1	.
Age	4	0.01	0.05	4	0	3
Blood	4	0.01	0.05	0	.	.
Skin	4	0.01	0.05	0	.	.
Insuln	4	0.01	0.05	0	.	.

## mgcv

```
gam(Outcome ~ s(Pregnancies,bs = 'tp') +
s(Age,bs = 'tp'), family = "binomial",
select= TRUE, method="REML")
```

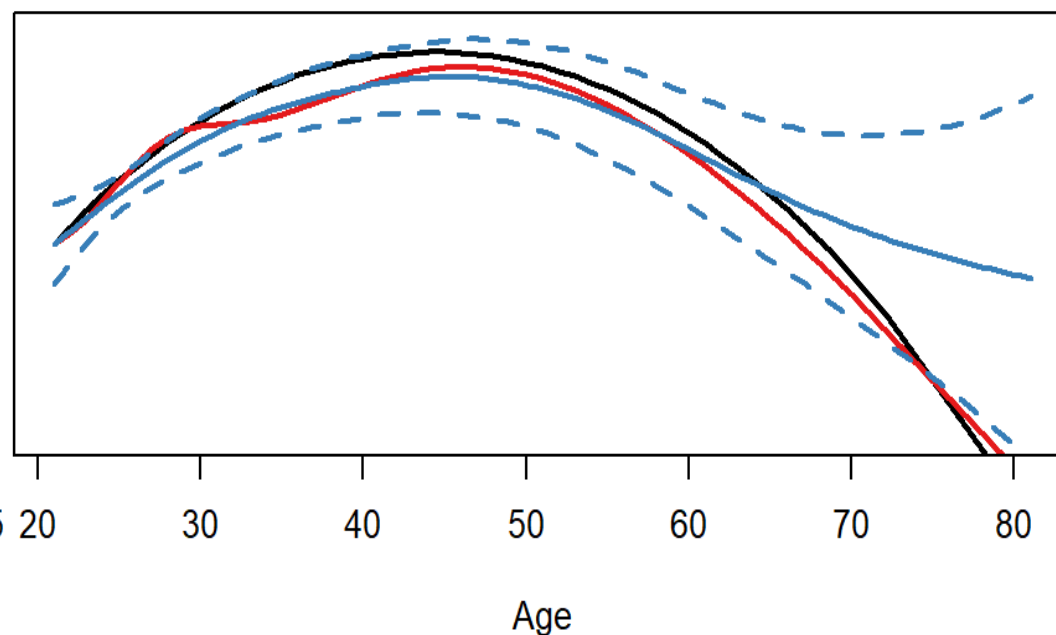
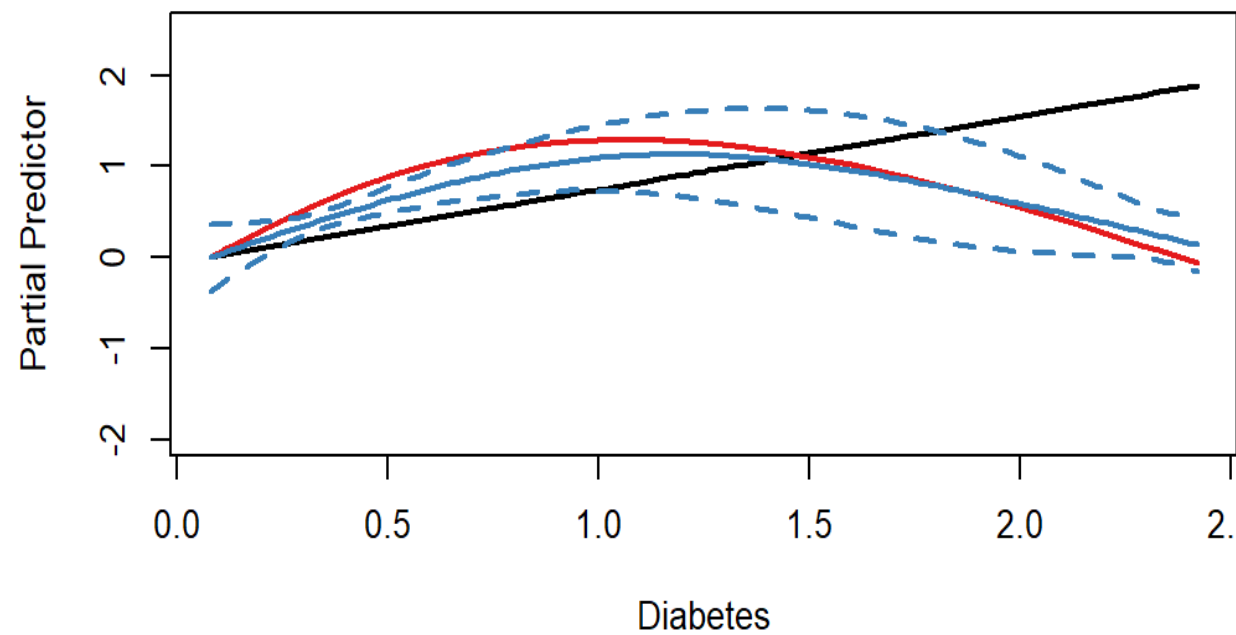
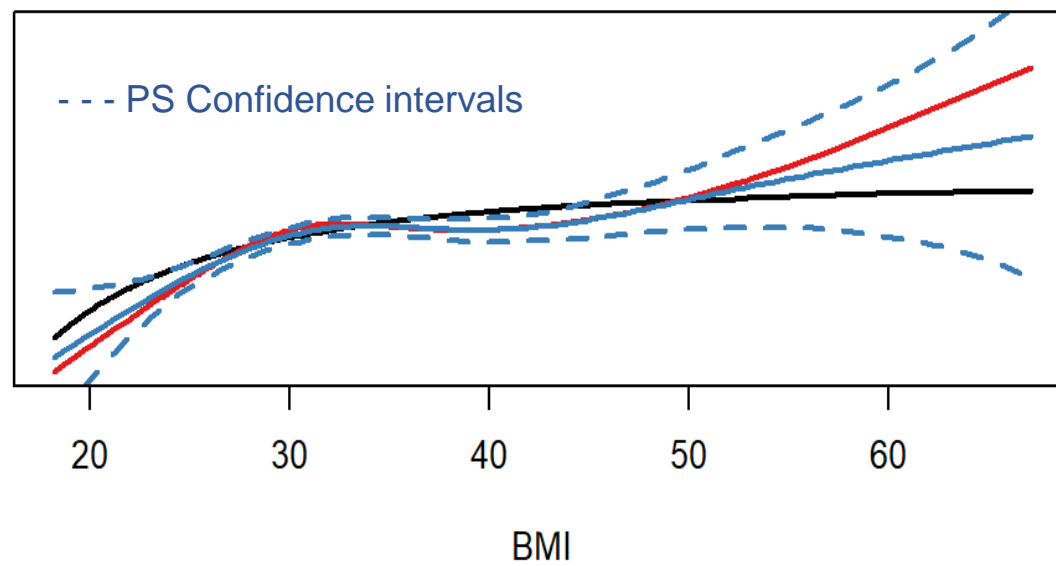
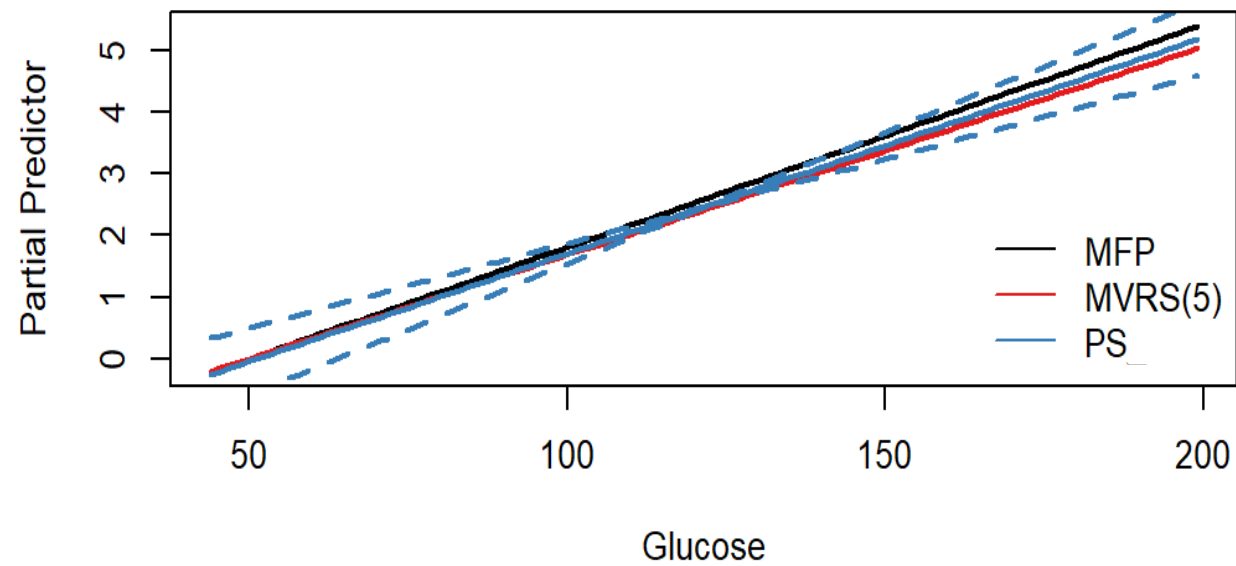
Approximate significance of smooth terms:				
	edf	Ref.df	Chi.sq	p-value
s(Glucose)	0.989	9	89.347	< 2e-16
s(BMI)	3.665	9	30.695	< 2e-16
s(Pregnancies)	1.106	9	2.903	0.06618
s(DiabetesPed)	1.677	9	9.814	0.00183
s(Age)	3.098	9	28.168	< 2e-16
s(BloodPressure)	0.000	9	0.000	0.42658
s(SkinThickness)	0.000	9	0.000	0.99424
s(Insulin)	0.099	9	0.108	0.30852

# Variables included

All approaches seem to agree on variable inclusion bar MVRs that also included pregnancies .

Variables	MFP(2)	MVRs(5)	TS_1	TS_2	PS_2	NS
	power	df	edf	edf	edf	edf
Glucose	lin	1	1.3	1.0	1.0	2.1
BMI	-2	5	3.7	3.9	3.7	3.7
Pregnancies	-	1	0.6	0.6	0.5	0.6
Diabetes	lin	2	0.9	1.8	1.4	1.6
Age	-2	5	3.0	2.9	2.7	3.0
Systolic	-	-	0.0	0.1	0.1	0.1
Biceps	-	-	0.0	0.0	0.0	0.0
Insulin	-	-	0.0	0.0	0.5	0.0

# Functional Forms



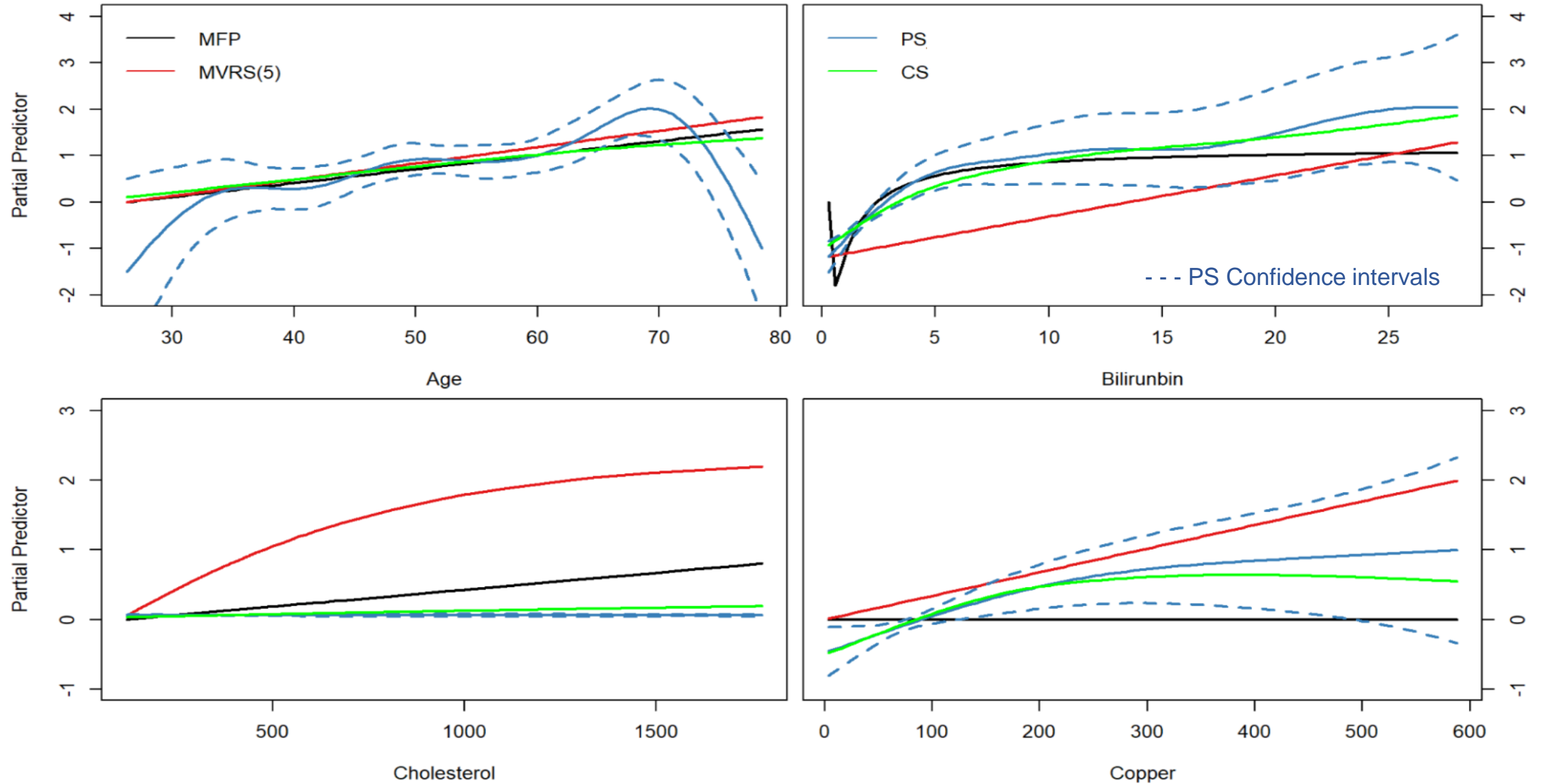


# PBC data

Variables	MFP(2)	MVRS(5)	TS_1	TS_2	PS_2	NS
	power	df	edf	edf	edf	edf
age	lin	1	5.8	5.7	4.9	1.1
bili	-2, -1	1	3.9	4.6	3.8	2.7
chol	1	2	0.0	0.0	0.0	0.2
albumin	-	-	0.9	0.9	0.8	1.4
copper	-	1	0.9	1.4	1.6	1.7
trig	-	1	0.8	0.8	0.8	0.6
asc	in	in	in	in	in	-
spiders	-	in	-	-	-	-
edema	in	in	-	-	-	in
stage	in	in	in	in	in	in

Methods disagree on inclusion

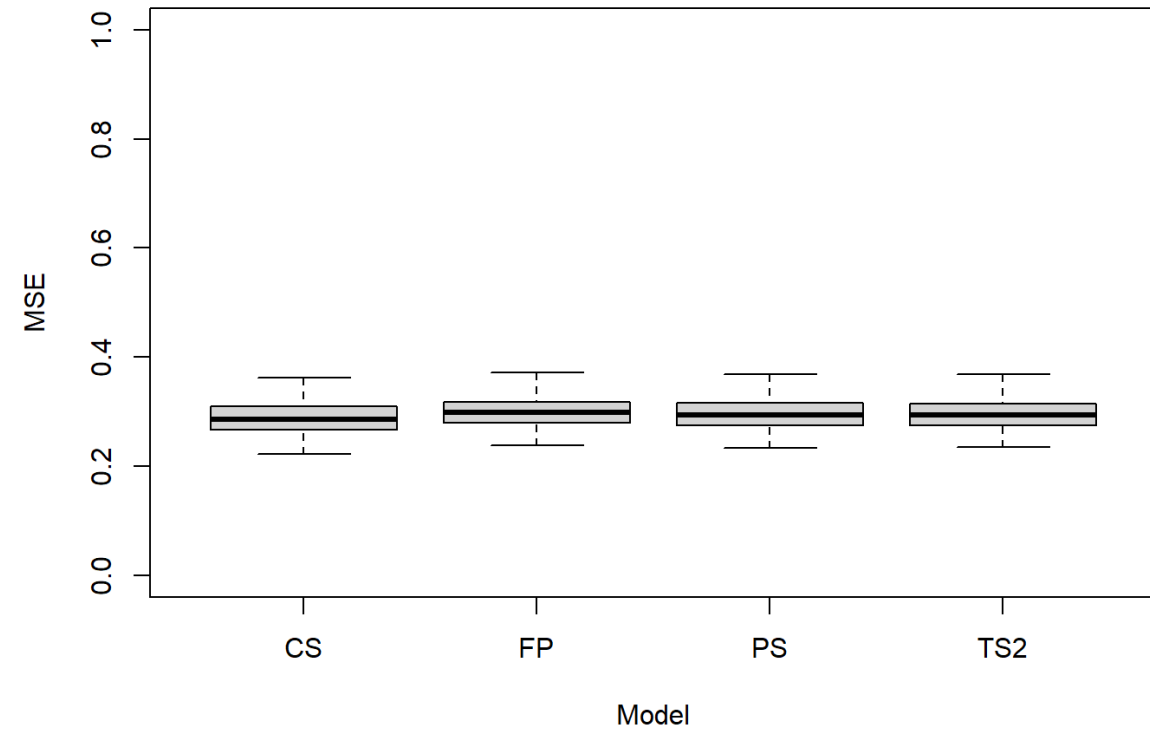
# Functional forms



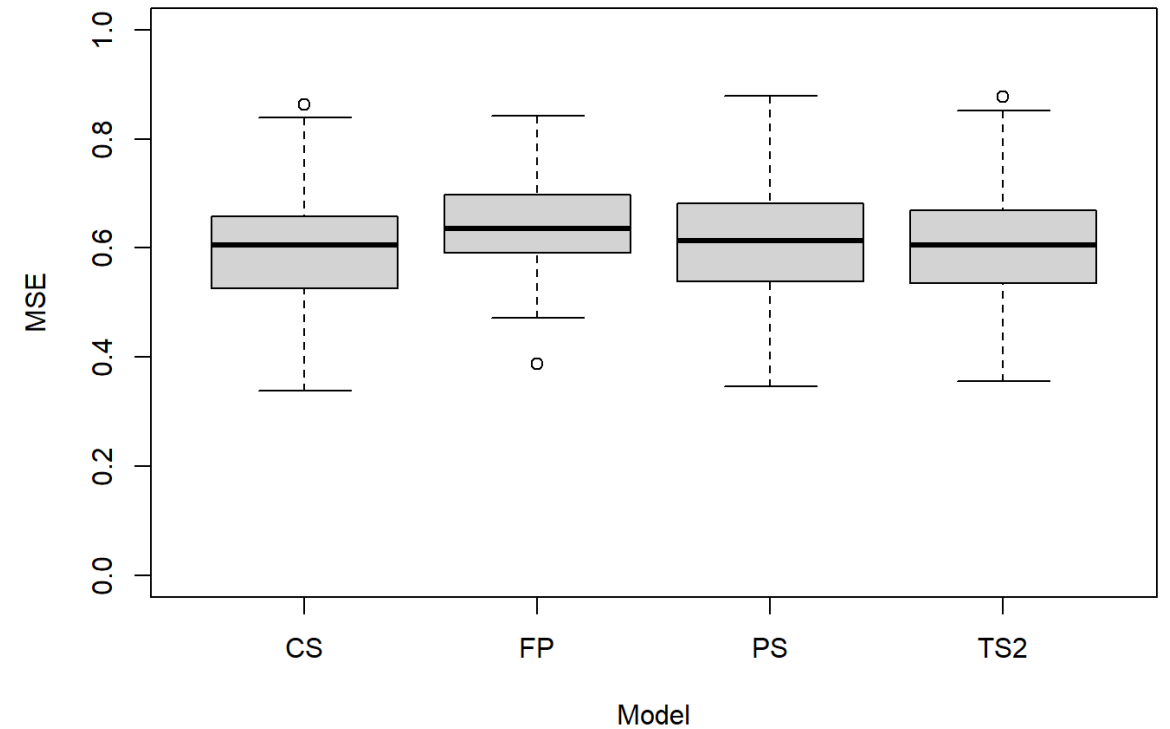
# Prediction error

- 100 bootstrap samples for each dataset, leave 10% out for each sample.

PIMA data



PBC data



# Simulation

200 iterations of  $n$  normal responses

- $n = 400, n=1200$

8 continuous covariates

- 5 known functions (right) and 3 spurious ( $x_4$ - $x_6$ )

2 binary covariates

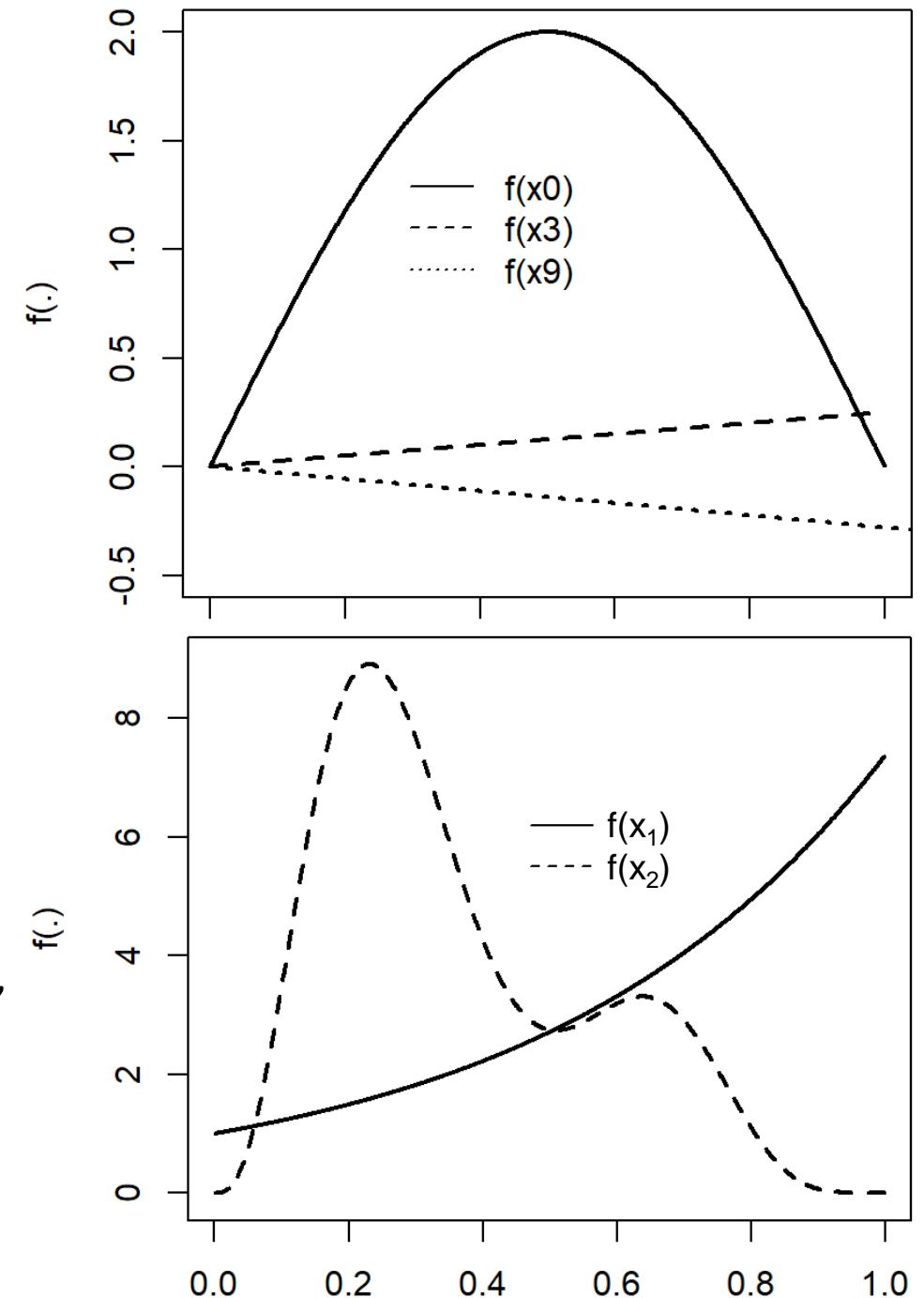
- 1 spurious ( $x_7$ ), 1 related to outcome ( $0.72 * x_8$ )

$$y = f(x_0) + f(x_1) + f(x_2) + f(x_3) + 0.72 * x_8 + f(x_9) + \varepsilon$$

Very **limited setting** similar to Gu and Wahba

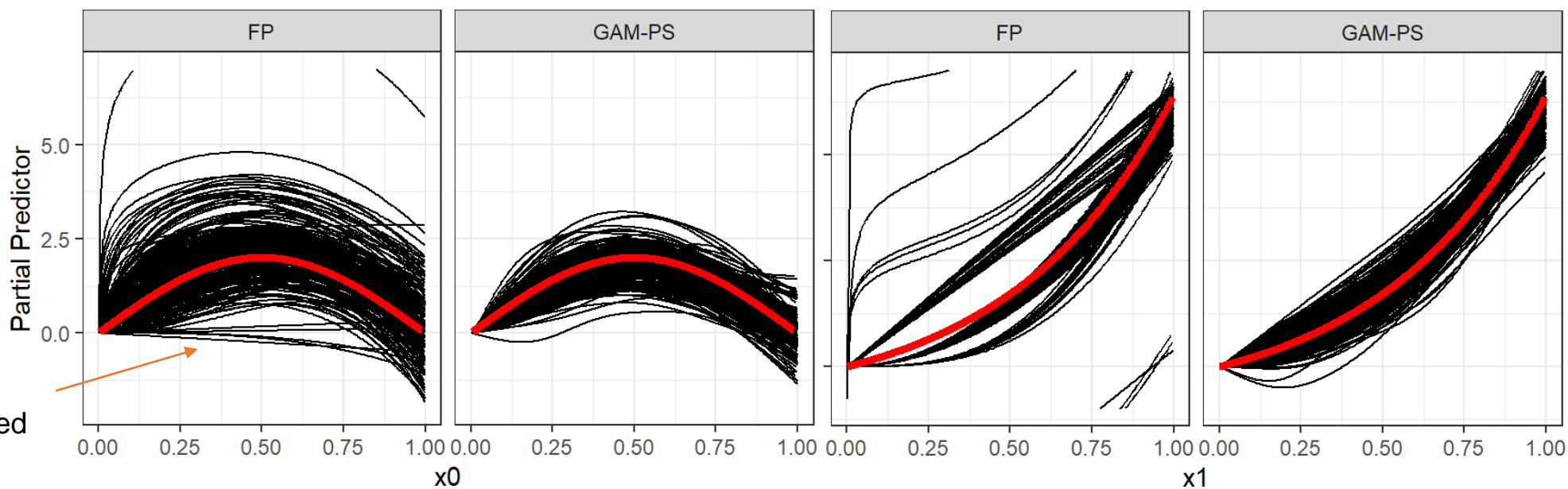
(four univariate term example, from function gamSim in mgcv)

More interesting simulations to follow, with correlated variables, and more features.

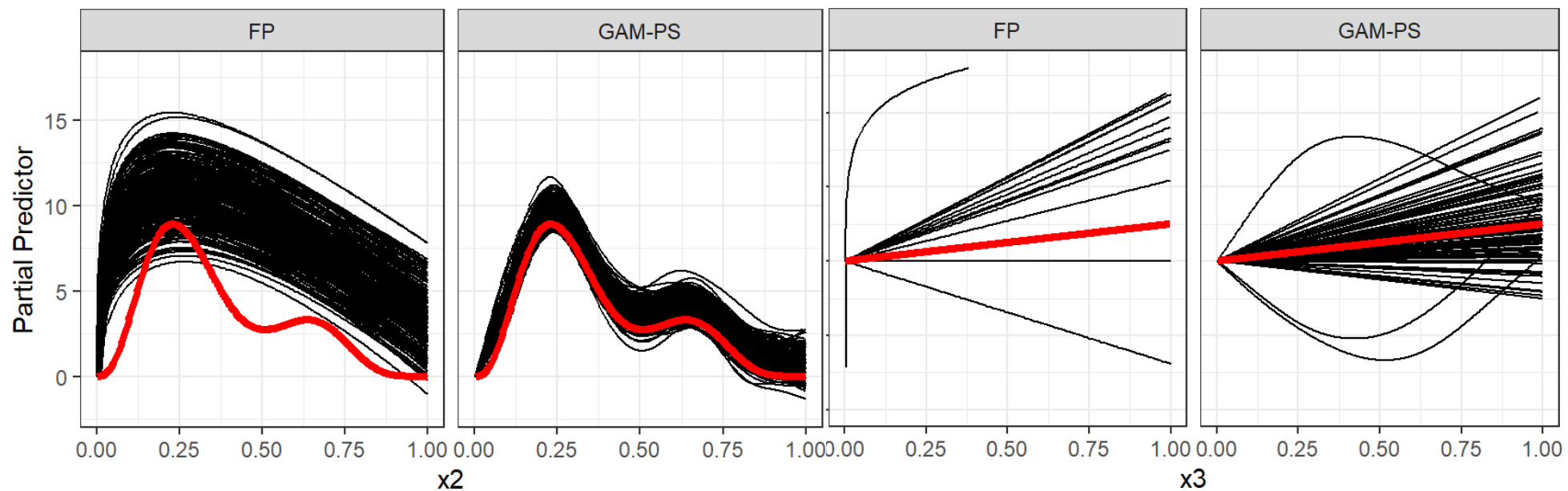


**n = 400**

Low power and BIC:  
linear function selected

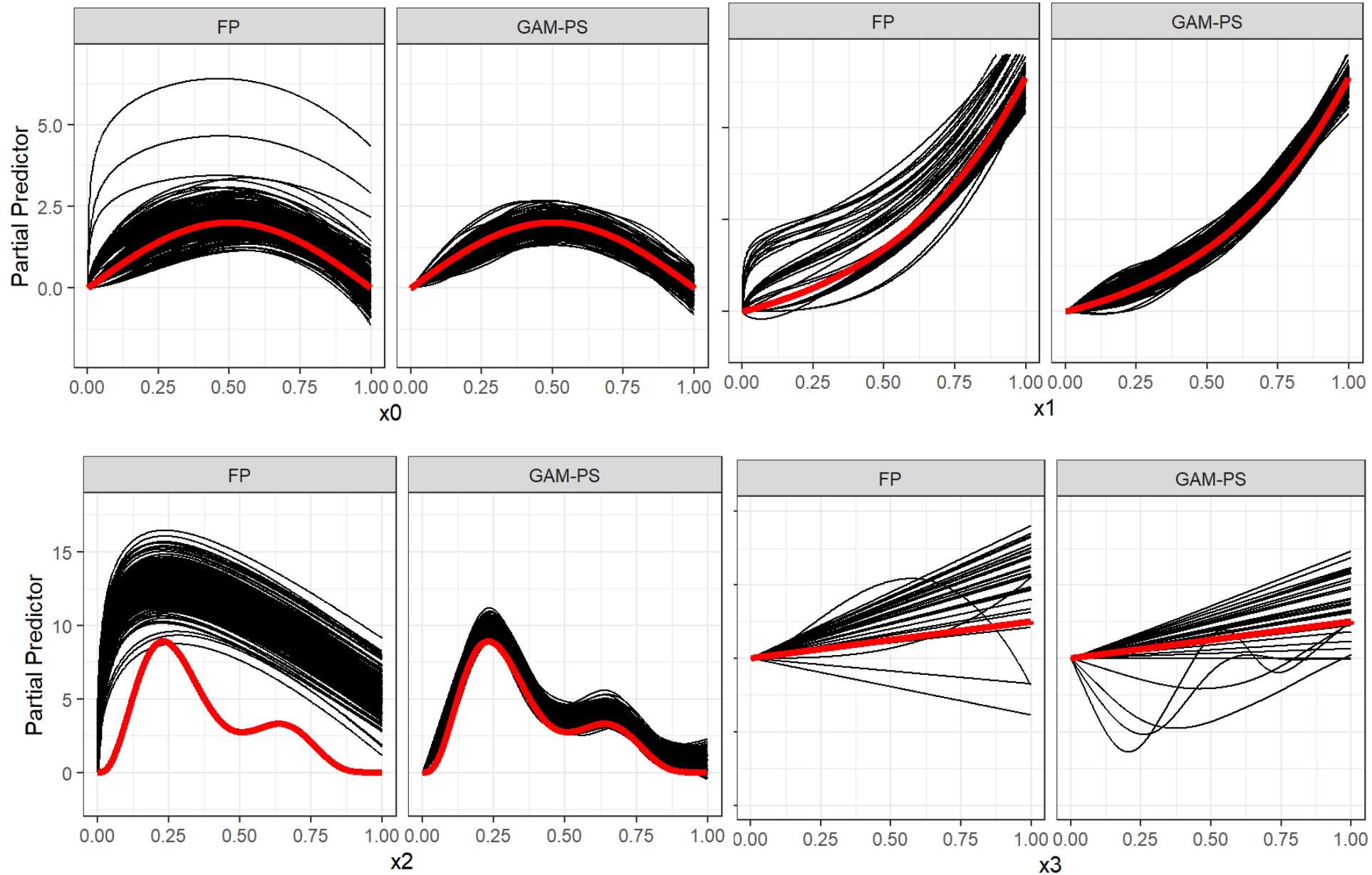


X	FP	PS	TS	TP	CS
<b>x0</b>	200	200	200	200	200
<b>x1</b>	200	200	200	200	200
<b>x2</b>	200	200	200	200	200
<b>x3</b>	18	30	7	20	16
x4	11	25	3	17	16
x5	18	34	4	23	12
x6	19	27	3	16	8
x7	29	33	33	32	33
<b>x8</b>	178	193	192	192	192
<b>x9</b>	140	139	130	143	132



# n=1200

	FP	PS	TS1	TS2	CS
<b>x0</b>	200	200	200	200	200
<b>x1</b>	200	200	200	200	200
<b>x2</b>	200	200	200	200	200
<b>x3</b>	42	47	19	40	47
x4	27	29	2	15	12
x5	23	29	6	14	12
x6	13	25	3	11	6
x7	32	31	33	34	33
<b>x8</b>	200	200	200	200	200
<b>x9</b>	199	199	199	199	199



# Discussion

- **Choice of parameters can alter effects (significance levels, AIC/BIC for MFP, maximum df for splines, choice of penalty, knots, etc). All results here produced at software default.**
- In agreement with Royston & Sauerbrei (2008), MFP and spline approaches provide roughly comparable models.
- Approaches were closer in logistic regression setting with a fair sample size of 768 observations. Differences were more obvious in smaller sample size (survival model).
- MSE from all models showed little difference between approaches. However, main interest here is in models for description.
- In simulated data, where more flexibility is required, FP(2) may not be enough. Equally, penalised splines will not always correctly identify a linear relationship.
- Penalised approaches (double penalty) can be computationally expensive but can still handle moderate sample sizes.
- **Limitation: simple simulation setting, small number of non-correlated variables.**

# References

- Sauerbrei, Willi, et al. **"State of the art in selection of variables and functional forms in multivariable analysis—outstanding issues."** *Diagnostic and prognostic research* 4.1 (2020): 1-18.
- Royston, Patrick, and Willi Sauerbrei. ***Multivariable model-building: a pragmatic approach to regression analysis based on fractional polynomials for modelling continuous variables.*** John Wiley & Sons, 2008.
- Marra, Giampiero, and Simon N. Wood. **"Practical variable selection for generalized additive models."** *Computational Statistics & Data Analysis* 55.7 (2011): 2372-2387.
- Perperoglou, Aris, et al. **"A review of spline function procedures in R."** *BMC medical research methodology* 19.1 (2019): 1-16.
- Gu, Chong, and Grace Wahba. **"Minimizing GCV/GML scores with multiple smoothing parameters via the Newton method."** *SIAM Journal on Scientific and Statistical Computing* (1991): 383-398.