

Counterfactual prediction for personalized healthcare using observational data

STRATOS mini-symposium 2023

Nan van Geloven¹ (TG7 Causal Inference)

Ewout Steyerberg (TG6 Diagnostic tests and prediction models)

Junfeng Wang

Vanessa Didelez (TG7 Causal Inference)

Ruth Keogh (TG4 Measurement error and misclassification + Steering Group)

All other participants Lorentz workshop

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Introduction to 'Counterfactual prediction'

Feedback from Lorentz workshop '*Counterfactual prediction for personalized medicine*'

Discuss potential connections to Stratos topic groups

Share and make follow-up plans

Introduction to counterfactual prediction

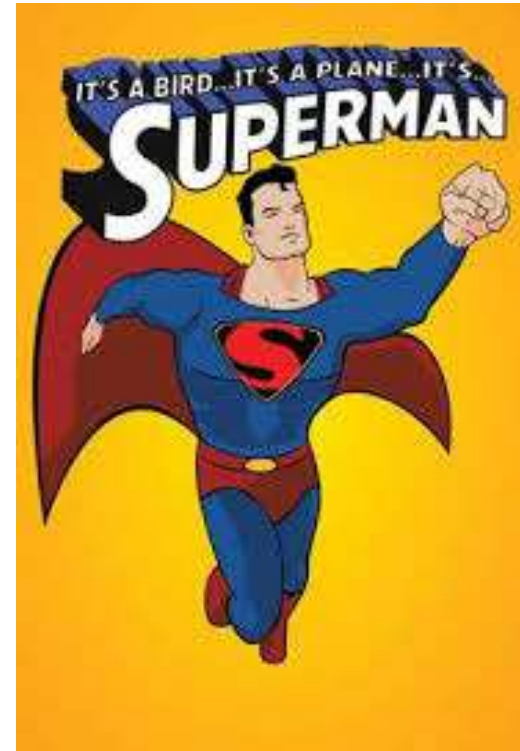
What's in a name?

Counterfactual prediction

Causal prediction

Prediction under hypothetical interventions

Prediction under interventions



Prediction

$$E(Y | X = x)$$

risk of outcome
conditional on X

Causal inference

$$E(Y^1 - Y^0)$$

average treatment effect
(ATE)

$$E(Y^1 - Y^0 | M = m)$$

conditional average
treatment effect (CATE)

Prediction under interventions

$E(Y^1 | V = v)$ risk of outcome conditional on V
if treatment would be 1

$E(Y^0 | V = v)$ risk of outcome conditional on V
if treatment would be 0

Prediction

$E(Y | X = x)$ risk of outcome conditional on X

X may include anything: no need to worry about confounding, mediation, colliders etc.

Causal inference

$E(Y^1 - Y^0)$ average treatment effect (ATE)

$E(Y^1 - Y^0 | M = m)$ conditional average treatment effect (CATE)

Prediction under interventions

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M effect modifiers; need to account for confounding and other potential biases

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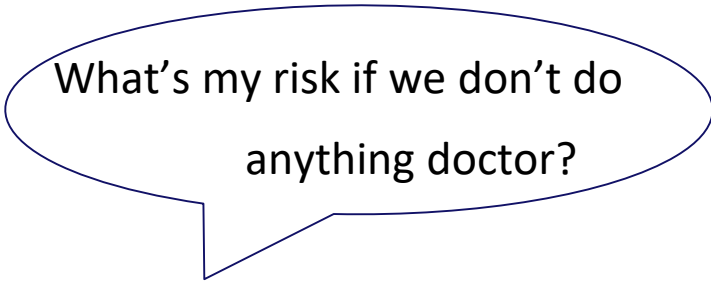
$E(Y^0 | V = v)$ risk of outcome conditional on V if treatment would be 0

V may include prognostic factors and effect modifiers; need to account for confounding and other potential biases

What are predictions under interventions for?

Absolute risks under certain treatment choices can inform individual treatment decisions

- individualize risks for a particular patient
- weigh their risks and benefits of different treatment options
- inform allocation of treatments that are subject to resource constraints



What's my risk if we don't do anything doctor?



What if I try that other drug?



What if I allocate this organ to this patient?

Feedback from Lorentz workshop *Counterfactual prediction for personalized medicine*

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Counterfactual Prediction for Personalized Healthcare

Workshop @Snellius

5 - 9 December 2022, Leiden, the Netherlands

Scientific Organizers

- Daniala Weir, Utrecht University
- Nan van Geloven, Leiden University Medical Centre
- Ruth Keogh, London School of Hygiene and Tropical Medicine

Topics

- Counterfactual Prediction Algorithms
- Performance Metrics for Counterfactual Predictions
- Bridging Statistics and AI
- Causal Inference, Explainability and Transportability
- Clinical Case-Study in Diabetes



The Lorentz Center organizes international workshops for researchers in all scientific disciplines. Its aim is to create an atmosphere that fosters collaborative work, discussion and research. For registration see www.lorentzcenter.nl

How to organize data to make individual progress that impacts optimal treatment decisions. Original photo by Jan Tjoon, poster design: Sophie's, Suffolk, UK.



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Participants

London: Ruth Keogh, Karla Diaz-Ordaz

Manchester: Matthew Sperrin, Niels Peek

Ghent: Pawel Morzywolek

Bremen: **Vanessa Didelez**

Oslo: Jon Michael Gran

Montreal: Gabrielle Simoneau

Utrecht: Daniala Weir, Timo Brakenhoff, David Liang, Vera Deneer, Thijs van Ommen, Junfeng Wang, Wouter van Amsterdam

Leiden: Nan van Geloven, **Hein Putter**, **Saskia le Cessie**, **Ewout Steyerberg**, Ilaria Prosepe, Doranne Thomassen

Amsterdam: Sara Magliacane, Giovanni Cina, Joanna Klopotoska, Izak Yasrebi

Delft: Jesse Krijthe, Rickard Karlsson

bold: Stratos members

underlined: organizers

- Patients with multimorbidity¹ & polypharmacy are historically excluded from clinical trials
- High risk of adverse drug events
- Heterogeneous treatment effects on adverse events: response to medications varies between patient subgroups

¹e.g. additional psychiatric disorders, hypertension, arthritis, kidney disease

Treatment for Type 2 Diabetes



Mr. Koopman is living with type 2 diabetes, as well as hypertension, dyslipidemia and history of pancreatitis. His HbA1c level is 9.5.

Mr. Koopman is using a medication called metformin which is used to lower his blood glucose levels (most common first line therapy)

Adding a second diabetes medication



Dr. Bos explains that his blood glucose levels are still too high and that they should think about starting a second diabetes medication. Four options: SU, DPP-4 i's, GLP-1 RA, SGLT2-I

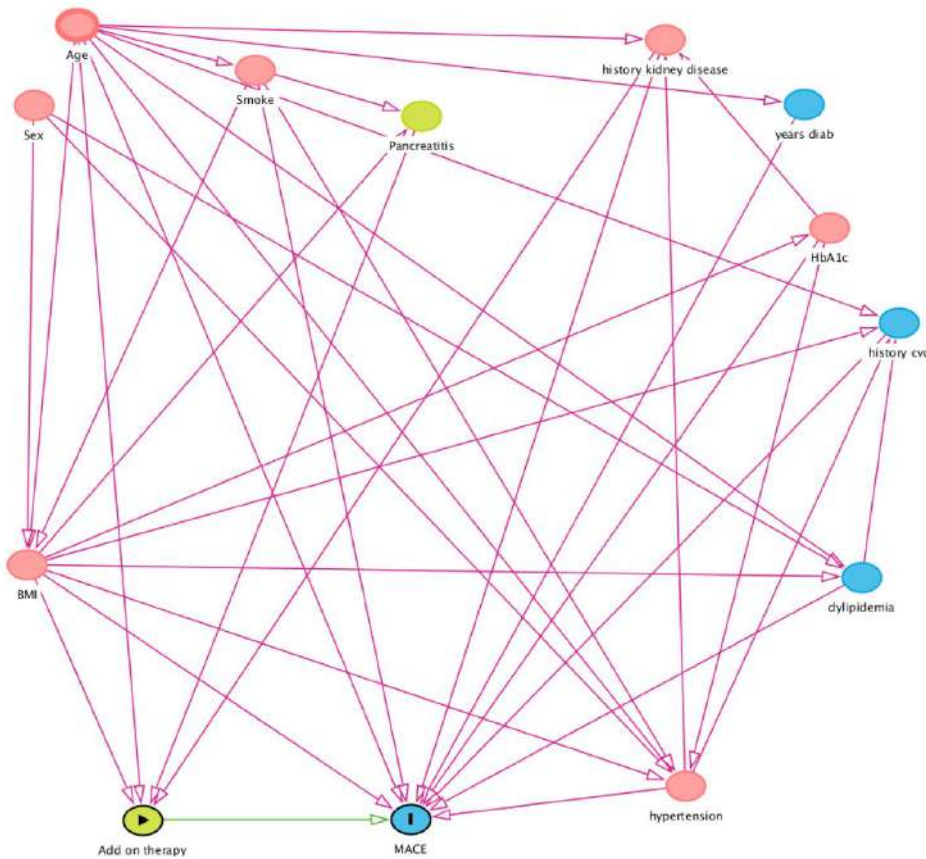
How should the choice of add-on therapy be individualized for Mr. Koopman?

Case study questions

For patients like Mr. Koopman, calculate the absolute risk of 5-year major adverse cardiovascular events when

- a) adding no therapy (i.e. 'No add-on') at the index date (time=0)
- b) adding a second line agent at the index date (time=0):
GLP1-RA, SU, DPP-4i or SGLT-2
- c) adding no treatment during the full 5 years

Synthetic data generation



- Relationships, distributions etc. from literature and from real datasets
- Simulated a synthetic longitudinal dataset including
 - time-fixed and longitudinal covariates
 - time-to-event outcomes
 - both treatment and outcome depend on (longitudinal) covariates

Case study: five working groups

1. Offset method (observational data + treatment effects from trials)
2. Censoring and weighting / MSM
3. G-formula
4. 'Direct' doubly robust –learner
5. Counterfactual recurrent network



Public lecture: 'Can predicting the future help us to make better decisions about our health?'

Lecture to a lay audience in museum Boerhaave (Stratos level 0?)

Focus on whether health calculators / apps give useful advice for lifestyle changes

Introducing confounding and causal inference from observational data along the way

Fun to do!

Computer geeft matige gezondheidsadviezen

Thomas Oosterlaan

teliden Met kunstmatige intelligentie kun je enorme hoeveelheden data verwerken, maar gezondheidsadviezen geven kun je voorlopig nog niet aan computers overlaten. Dinsdagavond gaat een Lorenzificatie in Museum Boerhaave over dit onderwerp.

„Artificial Intelligence (AI) kan veel data verwerken en daar patronen in zien, maar is nog niet voldoende in staat om causale verbanden te leggen”, zegt Nan van Geloven, universitaire docent biostatistiek aan het Irthd Universitair Medisch Centrum. Ze is een van de sprekers tijdens de Lorenzificatie. „Juist die causale verbanden zijn belangrijk als je de juiste medische adviezen wilt geven.”

Apps over gezondheid bestaan er genoeg, bijvoorbeeld om te waarschuwen tegen hart- en vaatziekten of ontvoeding. In dergelijke apps maak je een profiel met daarin zaken zoals je lengte, gewicht, eetpatroon, rookstatus en geslacht. De app gebruikt vervolgens AI om adviezen te geven, zoals: ‘Stop nu met roken en verlies je leven met 1,8 procent’.

Te simpele cijfers om complexe gezondheidskwantiteiten te omzetten, zegt Van Geloven.

Als voorbeeld neemt ze ‘Apple Watch’. Een AI-algoritme kan duizenden mensen naast elkaar leggen en concluderen dat mensen met gelevingen jonger sterven, maar dat betekent niet dat iemand die je vingertjes in gele verf doet overleving korter leeft – ondanks dat AI zou zeggen van wel. De wettelijke doodsoorzaak is namelijk roken, ongeacht nicotine gele vingertjes kan veroorzaken.

„Zelfs als het algoritme rookgedrag meeneemt, gaat stoppen met roken niet plebsding een leven met



Nan van Geloven, „Het einde is om AI te hebben die de juiste behandeling weet te adviseren voor iedere persoon”

exact zoveel procent verlengen. Immers gezondheid komt voort uit veel meer factoren. Een roker heeft bijvoorbeeld vaker andere ongezondheidsvoorwaarden, of is juist meer sociaal actief. Ook die dingen beïnvloeden de gezondheid.”

Takeaways

Dit is exact het probleem waar Van Geloven aan werkt, samen met onderzoekers vanuit de biologie, waaraan ook andere vakgebieden zoals informatica. „In de toekomst denk ik dat we AI kunnen ontwikkelen die oorzaak-gevolkrelaties beter begrijpt, maar voor nu werken we er nog hard aan. Het onderdeel is om AI te hebben die de juiste behandeling weet te adviseren voor iedere persoon.”

De Lorenzificatie in Museum Boerhaave begint om 17.30 uur is toegankelijk voor iedereen met een museumkaartje. Naar Van Geloven spreekt Dr. Anita Weir, universitair docent farmaceutische epidemiologie en gezondheid.”

AI legt moeizaam verband tussen oorzaak en gevolg

gic, en Ruth Koop, universitair docent biostatistiek. Museum Boerhaave heeft momenteel ook een expositie over AI, genaamd BRAmpewic.

Follow up plans from the Lorentz workshop




1. Place knowledge gaps identified at workshop in 'Learning Health System'-framework
2. Causal blind spots in risk-based decision making
3. When prediction models become harmful
4. Estimands for sequential prediction under interventions
5. Benchmarking dataset for causal inference
6. Work out estimation methods applied during workshop

PRECOG –reporting guideline for counterfactual prediction

Open access

Protocol

BMJ Open Protocol for the development of a reporting guideline for causal and counterfactual prediction models in biomedicine

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To cite: Xu J, Guo Y, Wang F, et al. Protocol for the development of a reporting guideline for causal and counterfactual prediction models in biomedicine. *BMJ Open* 2022;12:e059715. doi:10.1136/bmjopen-2021-059715

► Prepublication history for this paper is available online. To view these files, please visit the journal online (<http://dx.doi.org/10.1136/bmjopen-2021-059715>).

Received 01 December 2021
Accepted 07 June 2022



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ABSTRACT

Introduction While there are guidelines for reporting on observational studies (eg, Strengthening the Reporting of Observational Studies in Epidemiology, Reporting of Studies Conducted Using Observational Routinely Collected Health Data Statement), estimation of causal effects from both observational data and randomised experiments (eg, A Guideline for Reporting Mediation Analyses of Randomised Trials and Observational Studies, Consolidated Standards of Reporting Trials, PATH) and on prediction modelling (eg, Transparent Reporting of a multivariable prediction model for Individual Prognosis or Diagnosis), none is purposely made for deriving and validating models from observational data to predict counterfactuals for individuals on one or more possible interventions, on the basis of given (or inferred) causal structures. This paper describes methods and processes that will be used to develop a Reporting Guideline for Causal and Counterfactual Prediction Models (PRECOG).

Methods and analysis PRECOG will be developed following published guidance from the Enhancing the

Strengths and limitations of this study

- ⇒ There are no guidelines for the reporting of data-learned prediction models that have the specific intent to calculate alternative scenarios (counterfactuals) and identify individualised effects of interventions.
- ⇒ Prediction of Counterfactuals Guideline (PRECOG) will fill a gap in reporting standards for counterfactual prediction modelling and will capitalise on the systematisation and quality of the Enhancing the Quality and Transparency of Health Research network.
- ⇒ PRECOG will be built on diverse (clinical researchers, computer scientists, epidemiologists, statisticians) expertise consensus across multiple development stages.
- ⇒ Even with rigorous study design, execution and reporting standard, causal claims made on observational data analyses might be still mistaken by wrong assumptions or unmeasured, hidden bias.

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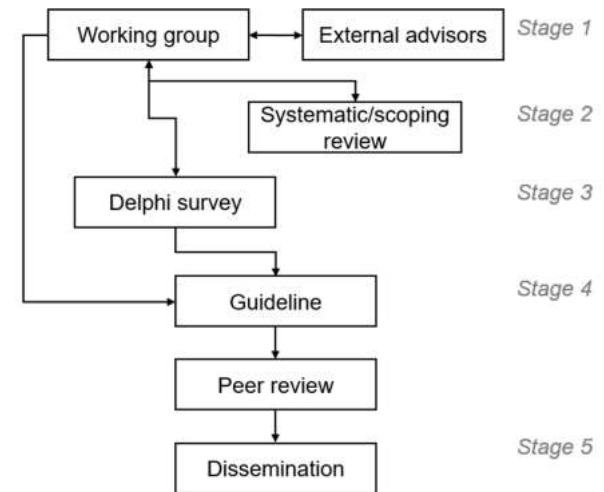


Figure 1 Flow chart of the development of the reporting guideline for causal and counterfactual prediction models.

Discuss potential connections to Stratos topic groups

Prediction

- discrimination/calibration/R-squared/...

Causal inference

- typically no data-driven performance assessment
- focus on sensitivity analyses under different assumptions

Prediction under interventions

Initial proposals for assessing predictive performance:

- binary outcomes (Pajouheshnia et al 2017, Coston et al 2020, Boyer 2023)
- time-to-event outcomes (Keogh and van Geloven 2023)

Selection of variables and functional forms in multivariable analysis (TG2)

Prediction

- goal is minimizing prediction error
- penalization / cross-validation / bootstrapping / ... (Heinze et al 2018, Sauerbrei et al 2020)

Causal inference

- goal is estimation of causal effect with low bias and high precision
- domain knowledge is key

Prediction under interventions

Mix of the above?

Missing data (TG1)

Prediction

- bias in parameters not a concern
- missing pattern itself could improve prediction (eg, Sperrin et al 2020)
- Ongoing area of research

Causal inference

- aiming for unbiased estimation of causal effects
- causal diagrams support analysis choices (eg, Lee et al. 2021)

Prediction under interventions

Mix of the above?

Measurement error and misclassification (TG4)

Prediction

Predictors: if error used in training set is the same as in deployment setting, ok

Causal inference

In exposure: issue
Confounders: if error seen by historical decision makers setting is the same as in training data, ok

Prediction under interventions

Mix of the above?

Summary and recommendations

Models for predictions under interventions contain a causal part and a non-causal part

This may require mixed strategies for

- performance evaluation
- variable selection
- missing data
- measurement error
- ...

Stratos papers should make clear whether advice applies to descriptive, predictive, or causal research

In some areas methodological expansions (fusions) are needed to cater for predictions under interventions

Your views on calibration assessment
for prognostic survival
models



Thank you

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Obtaining predictions under interventions from data

Individual patient data from RCTs: subgroup analyses / PATH statement – often challenged by limited sample size

Combining observational data with treatment effects from published RCT's, e.g., [Predict breast cancer](#) – does not allow treatment heterogeneity

Observational data – challenges in addressing confounding